

DOG BREATH PROBLEM AND SOLUTION LESSON PDF

dog breath problem and solution lesson are essential topics for every dog owner who wishes to maintain their pet's health and happiness. Bad breath in dogs not only causes discomfort during cuddles and playtime but can also be a sign of underlying health issues. Understanding the causes of dog breath problems and implementing effective solutions can significantly improve your pet's quality of life. In this comprehensive guide, we will explore the common reasons behind dog breath problems, practical solutions to combat bad odor, preventive measures, and valuable lessons every dog owner should learn to keep their furry friend fresh and healthy.

Understanding the Dog Breath Problem

What Causes Bad Breath in Dogs?

Bad breath, medically known as halitosis, affects many dogs at some point in their lives. The causes of dog breath problems range from minor issues like food residue to serious health conditions. Recognizing the root cause is crucial in choosing the right solution.

Common causes include:

- Poor Dental Hygiene: Plaque and tartar buildup on teeth create bacteria that cause foul odor.
- Dietary Factors: Certain foods or treats can contribute to bad breath, especially if they are low-quality or contain strong odors.
- Dental Diseases: Gingivitis, periodontal disease, or infected teeth can result in persistent bad breath.
- Digestive Issues: Gastrointestinal problems such as indigestion or infections can lead to foul breath.
- Health Conditions: Kidney disease, liver problems, or respiratory infections can manifest as bad breath.

Signs That Indicate a Serious Health Issue

While occasional bad breath might be normal, persistent or severe halitosis could indicate health problems requiring veterinary attention.

Indicators include:

- Sudden onset of bad breath
- Excessive drooling
- Oral pain or bleeding
- Swelling or redness in gums
- Changes in appetite or behavior
- Unusual weight loss

If you notice these signs, consult your veterinarian promptly for diagnosis and treatment.

Effective Solutions for Dog Breath Problems

1. Regular Dental Care

Maintaining your dog's oral hygiene is the most effective way to prevent and address bad breath.

Key steps include:

- Brushing Teeth: Use a dog-specific toothbrush and toothpaste at least 2-3 times per week.
- Dental Chews and Toys: Provide approved dental chews that help reduce plaque and tartar.
- Professional Dental Cleanings: Schedule vet dental cleanings annually or as recommended.

2. Proper Diet and Nutrition

A balanced diet influences oral health and overall well-being.

Tips include:

- Choosing high-quality dog food with added dental benefits
- Avoiding table scraps and foods that promote bad breath
- Incorporating dental-specific treats designed to freshen breath

3. Regular Vet Check-Ups

Routine veterinary visits help catch dental or health issues early.

Important practices:

- Annual dental examinations

- Professional cleanings when necessary
- Health screenings for underlying diseases

4. Home Remedies and Natural Solutions

While not substitutes for veterinary care, certain home remedies can temporarily freshen breath.

Effective options include:

- Parsley: Known for freshening breath; add small amounts to your dog's food.
- Coconut Oil: A small amount can help reduce bacteria in the mouth.
- Apple Cider Vinegar: Diluted solution may combat bacteria when used as a rinse.

Always consult your vet before trying home remedies to ensure safety.

Preventive Measures to Keep Dog Breath Fresh

1. Maintain Good Oral Hygiene

Consistent dental care is the cornerstone of preventing bad breath.

2. Monitor Your Dog's Diet

Choose nutritious foods and treats designed to promote oral health.

3. Keep Your Dog Hydrated

Fresh water helps wash away food particles and bacteria, reducing bad odor.

4. Regular Dental Check-Ups

Routine vet visits ensure early detection of dental or health issues.

5. Avoid Access to Trash or Decaying Materials

Prevent your dog from scavenging, which can lead to ingestion of rotten or foul-smelling items.

Lessons Every Dog Owner Should Learn About Dog Breath

1. Prevention Is Better Than Cure

Proactive dental care and regular check-ups significantly reduce the risk of persistent bad breath.

2. Recognize the Signs of Underlying Health Conditions

Bad breath can be a symptom of serious health problems, so timely veterinary consultation is essential.

3. Not All Breath Fresheners Are Safe

Avoid human mouthwashes or harsh chemicals; always use vet-approved products.

4. Consistency Is Key

Regular brushing, dental checks, and proper diet are crucial to maintaining fresh breath.

5. Educate Yourself About Your Dog's Needs

Understanding your dog's breed-specific dental health needs can help tailor a preventive care plan.

Conclusion

Dog breath problems can be a nuisance, but with proper understanding and proactive measures, you can effectively manage and prevent halitosis in your furry friend. Regular dental hygiene, a healthy diet, routine vet visits, and awareness of underlying health issues form the foundation of a fresh-breathed, happy dog. Remember, addressing bad breath is not just about convenience but also about safeguarding your pet's overall health and happiness. By implementing these solutions and lessons, you ensure a longer, healthier, and more enjoyable companionship with your beloved pet.

Dog breath problem and solution lesson

Dog breath problem is a common concern among pet owners, often causing embarrassment, discomfort, and worry about the overall health of their furry companions. While a fresh and clean-smelling mouth is a sign of good health, persistent bad breath, also known as halitosis, can indicate underlying issues that require attention. Addressing dog breath problems effectively involves understanding their causes, exploring practical solutions, and adopting preventive measures. This article delves into the intricacies of dog breath concerns, offering comprehensive lessons on how to manage and improve your dog's oral health.

Understanding the Dog Breath Problem

Before jumping into solutions, it's essential to grasp what constitutes a normal versus problematic level of breath odor in dogs. While some mild odor is typical, especially after meals, persistent or foul-smelling breath may signal health issues.

Common Causes of Dog Bad Breath

There are several reasons why a dog might develop bad breath, including:

- Dental Disease: The most prevalent cause, including plaque buildup, tartar accumulation, gingivitis, and periodontal disease.
- Poor Oral Hygiene: Infrequent teeth cleaning allows bacteria to flourish.
- Dietary Factors: Certain foods or treats can contribute to bad odor.
- Foreign Objects: Items lodged between teeth or in the mouth can rot and cause odor.
- Health Conditions: Systemic issues like kidney disease, diabetes, liver problems, or gastrointestinal issues can manifest as halitosis.
- Infections: Oral infections or abscesses lead to foul smells.

Signs That Indicate a Serious Problem

- Sudden or severe bad breath
- Excessive drooling
- Bleeding gums
- Loose or missing teeth
- Swelling or redness in the mouth
- Changes in eating habits or behavior

Persistent bad breath warrants veterinary consultation to rule out underlying health issues.

Solutions to Dog Breath Problems

Addressing dog breath issues involves a combination of at-home care, dietary adjustments, and veterinary interventions. Here, we explore effective solutions and their features.

1. Regular Dental Care and Oral Hygiene

Maintaining good oral hygiene is the cornerstone of preventing and managing bad breath.

Features:

- Brushing your dog's teeth daily or several times a week
- Using vet-approved dog-specific toothbrushes and toothpaste
- Incorporating dental wipes or dental sprays

Pros:

- Significantly reduces plaque and tartar buildup
- Prevents periodontal disease
- Improves overall oral health

Cons:

- Requires patience and consistency
- Some dogs may resist teeth brushing initially

Lesson: Start dental care early, make it a positive experience, and be consistent.

2. Professional Dental Cleaning

Veterinary dental cleanings under anesthesia are often necessary for deeper tartar removal and thorough examination.

Features:

- Scaling and polishing of teeth
- Removal of plaque below the gumline
- Inspection for dental issues

Pros:

- Deep cleaning that home care cannot achieve
- Early detection of dental problems
- Long-term oral health benefits

Cons:

- Costly procedure
- Requires anesthesia, with associated risks
- Periodic necessity

Lesson: Schedule regular dental checkups based on your vet's recommendations.

3. Dental Chews and Toys

Specialized dental chews and toys can help mechanically remove plaque.

Features:

- Designed to promote chewing and cleaning
- Often infused with enzymes or anti-bacterial agents

Pros:

- Easy to give and incorporate into daily routine
- Keeps dog entertained
- May reduce plaque accumulation

Cons:

- Not a substitute for brushing
- Some products may be high in calories or contain artificial ingredients

Lesson: Choose high-quality, vet-approved dental treats or toys suitable for your dog's size and health.

4. Dietary Changes and Special Diets

Certain diets are formulated to promote dental health and freshen breath.

Features:

- Dental-specific kibble with abrasive textures
- Prescription diets with added dental benefits

- Incorporation of fresh foods like carrots or apples

Pros:

- Supports oral health with minimal effort
- Can be combined with other dental care measures

Cons:

- May be more expensive
- Not effective if used alone

Lesson: Consult your vet about suitable dental diets and treats.

5. Addressing Underlying Medical Conditions

Persistent bad breath may be a sign of systemic health issues.

Features:

- Blood tests and examinations to diagnose conditions like kidney or liver disease, diabetes, or infections
- Appropriate medical treatment

Pros:

- Treats the root cause of halitosis
- Improves overall health and quality of life

Cons:

- May involve ongoing medical management
- Can be costly

Lesson: Always seek veterinary advice if breath problems persist despite dental care.

Preventive Measures and Best Practices

Prevention is always better than cure. Incorporating the following habits can safeguard your dog's oral health.

- **Regular Dental Checkups:** Schedule professional dental examinations at least once a year.
- **Consistent Oral Hygiene:** Brush your dog's teeth regularly, starting from a young age.
- **Healthy Diet:** Provide balanced nutrition and consider dental-specific foods or treats.
- **Monitor for Changes:** Keep an eye on breath odor, gums, and teeth condition.
- **Avoid Human Food and Harmful Items:** Certain foods can exacerbate dental problems or be toxic.

Advantages:

- Reduces the risk of dental disease
- Maintains fresh breath
- Enhances overall well-being

Limitations:

- Requires ongoing commitment
- May involve costs for supplies and veterinary visits

Additional Tips and Considerations

- **Use of Oral Rinses:** Some pet-specific mouthwashes can help reduce bacteria.
- **Hydration:** Ensure your dog has access to fresh water to wash away food particles and bacteria.
- **Weight Management:** Obesity can contribute to dental issues; maintain healthy weight.
- **Behavioral Training:** Train your dog to accept dental routines early.

Conclusion: Lessons Learned from Dog Breath Issues

The dog breath problem presents an important lesson in proactive pet care. Addressing bad breath is not merely about freshening up your dog's mouth but about safeguarding their overall health. Consistent oral hygiene practices, regular veterinary checkups, and a balanced diet form the foundation of a healthy mouth and a happy pet. Recognizing early signs of dental or systemic issues and taking prompt action can prevent more serious health complications down the line.

Remember, your dog's breath is a window into their health. A fresh, pleasant odor is a sign of well-maintained oral hygiene and good systemic health. By educating yourself on the causes and solutions, you can ensure your furry friend enjoys a comfortable, healthy life with fresh breath to match.

Question What are the common causes of bad breath in dogs? Common causes include dental plaque buildup, periodontal disease, poor oral hygiene, food particles, and sometimes health issues like infections or digestive problems. How can I effectively prevent dog breath problems? Regular brushing of your dog's teeth, providing dental chews, scheduling professional cleanings, and maintaining a healthy diet can significantly prevent bad breath. Are there any natural remedies to improve my dog's breath? Yes, natural remedies like adding fresh parsley to their food, using coconut oil for brushing, and providing dental treats can help freshen your dog's breath naturally. When should I see a vet about my dog's bad breath? If your dog's bad breath persists despite regular dental care, is accompanied by other symptoms like bleeding gums, drooling, or difficulty eating, it's important to consult a veterinarian for proper diagnosis and treatment. What are effective lessons to teach dog owners about maintaining their pet's oral health? Lessons should include the importance of regular dental check-ups, proper brushing techniques, recognizing signs of dental issues, and understanding the role of diet and dental products in oral health. Can diet influence my dog's breath, and what foods are recommended? Yes, a balanced diet with quality dog food can improve breath. Avoid sugary or processed foods and incorporate dental-friendly treats and foods recommended by vets for better oral health. What are some signs that my dog's bad breath is due to a health issue rather than dental hygiene? Signs include sudden onset of bad breath, bleeding gums, swelling in the mouth, weight loss, or behavioral changes. These warrant veterinary evaluation to rule out underlying health problems.

Related keywords: dog bad breath, pet oral hygiene, dog dental care, dog breath remedies, dog teeth cleaning, pet breath odor, canine dental health, dog mouth care, dog dental problems, pet breath solutions

with bated breath

with bated breath is a phrase that has woven itself into the fabric of the English language, evoking a sense of suspense, anticipation, and intense focus. Whether used in literature, everyday conversation, or media, this idiomatic expression captures moments where individuals wait anxiously for an outcome, often feeling as if their breath has been momentarily held back. Its origins, nuanced usage, and cultural significance make it a fascinating topic for exploration. In this article, we delve into the history, proper usage, variations, and cultural relevance of the phrase "with bated breath," providing a comprehensive understanding of this evocative expression.

Understanding the Origin of "With Bated Breath"

The Etymology of "Bated"

The phrase "with bated breath" dates back several centuries, with roots in Middle English. The word "bated" is derived from the verb "bate," which means to diminish, reduce, or restrain. Over time, "bate" became associated with holding back or suppressing, specifically in the context of breathing or speech.

Historically, "bate" was used in phrases like "bated breath" to describe a person who is holding their breath in anticipation or fear. The phrase was likely influenced by the idea of holding one's breath to stay silent or remain still, especially in tense moments.

The Transition from "Bate" to "Bated"

Interestingly, "bated" is a modern spelling variation of "bate," and the phrase "with bated breath" has been standardized in contemporary usage. Despite some misconceptions, the phrase does not originate from the word "bait," which is a common mistake. Instead, it stems from the older usage of "bate" meaning to diminish or restrain.

The phrase first appeared in English literature in the 16th and 17th centuries, often in poetic or dramatic contexts, emphasizing the suspense or anxiety felt by characters or narrators.

Proper Usage of "With Bated Breath"

The Meaning and Context

"With bated breath" is used to describe a state of heightened anticipation or suspense. When someone says they are waiting "with bated breath," it signifies that they are so eager or anxious about an upcoming event or revelation that they are metaphorically holding their breath.

Common contexts include:

- Reading a suspenseful story or watching a tense scene unfold
- Waiting for important news, such as exam results or a job offer
- Anticipating a climactic moment in sports or entertainment
- Experiencing moments of emotional or dramatic significance

Examples of Proper Usage

- "Fans waited with bated breath as the final score was announced."
- "She listened with bated breath to every word of the verdict."
- "The audience sat in silence, waiting with bated breath for the magician's next trick."

Common Mistakes to Avoid

While the phrase is widely recognized, some common errors include:

- Using "baited" instead of "bated," which is technically correct but often misspelled.
- Misusing the phrase in contexts where the suspense or anticipation is not implied.
- Using the phrase in an overly casual setting, where it may seem exaggerated.

Variations and Related Expressions

Similar Phrases and Synonyms

While "with bated breath" is quite specific, there are several related expressions that convey similar feelings of suspense or anticipation:

- "Hold your breath" ? often used literally or figuratively to indicate anticipation
- "On the edge of one's seat" ? describes being very excited or anxious
- "Waiting in suspense" ? straightforward expression of anticipation
- "In eager anticipation" ? emphasizes excitement and expectancy
- "In suspense" ? describes a state of uncertainty and waiting

Usage in Literature and Media

The phrase has been a staple in literature, especially in works that build tension or drama. Classic authors like William Shakespeare and Charles Dickens have employed similar imagery to evoke suspense. In modern times, "with bated breath" frequently appears in film reviews, news reports, and social media posts to dramatize moments of significance.

The Cultural Significance of "With Bated Breath"

The Role in Literature and Storytelling

The phrase underscores the universal human experience of anticipation. Writers use it to draw readers into a moment of suspense, making the audience feel involved in the characters' emotions. Its vivid imagery encapsulates the physical sensation of holding one's breath, which amplifies the

emotional impact.

In Media and Popular Culture

In movies and television, characters often wait "with bated breath" during climactic scenes?like a courtroom verdict or a sports final. This phrase also appears frequently in headlines and reviews to highlight critical or exciting moments, such as:

- "Fans Waited with Bated Breath for the Final Episode"
- "The Audience Was Held in Suspense, Waiting with Bated Breath"

The Phrase in Everyday Life

Beyond formal or literary contexts, "with bated breath" has become a colloquial way to describe moments of shared anticipation among friends or family. For example:

- "We waited with bated breath to see if the surprise would be successful."
- "Children waited with bated breath for Santa Claus on Christmas morning."

Modern Interpretations and Usage Tips

Adapting the Phrase in Contemporary Language

While "with bated breath" remains a classic expression, modern speakers sometimes substitute it with simpler phrases like "eagerly waiting" or "on the edge of our seats." However, using the original phrase can add a touch of literary flair or dramatic emphasis to your writing.

Tips for Effective Usage

- Use in contexts where suspense or anticipation is palpable.
- Pair with vivid descriptions to enhance imagery.
- Avoid overusing to prevent diluting its impact.
- Remember the correct spelling: "bated," not "baited."

Conclusion

The phrase "with bated breath" encapsulates a universal human emotion?waiting with intense anticipation and suspense. Its rich history, rooted in Middle English, and its vivid imagery make it a

powerful expression in both literature and everyday language. Understanding its origins, proper usage, and cultural significance allows speakers and writers to employ it effectively, adding depth and drama to descriptions of moments charged with emotion. Whether in classic novels, modern media, or casual conversation, "with bated breath" continues to evoke the timeless experience of waiting for something momentous.

Meta Description: Discover the fascinating history, proper usage, and cultural significance of the phrase "with bated breath." Learn how this expression captures moments of suspense and anticipation in literature, media, and everyday life.

With bated breath is a phrase that has woven itself into the fabric of the English language, capturing moments of intense anticipation, suspense, or anxiety. It's a vivid expression that vividly conveys the feeling of holding one's breath due to excitement or nervousness, often in situations where the outcome remains uncertain. This phrase has a rich history, nuanced usage, and cultural significance that make it a fascinating subject for exploration. In this article, we will delve into the origins, meanings, uses, and cultural resonance of "with bated breath," offering a comprehensive overview that highlights its importance in language and communication.

Understanding the Meaning of "With Bated Breath"

Definition and Explanation

"With bated breath" describes a state of holding one's breath in anticipation or suspense. The word "bated" is a shortened form of "abated," meaning "lessened" or "reduced." Thus, to be "with bated breath" is to hold one's breath because of a reduction in normal breathing, driven by heightened emotion or focus. It's a metaphorical way of expressing that someone is so engrossed in an event or expectation that they are physically and emotionally tense, waiting anxiously for a result.

Key aspects of the phrase:

- It indicates anticipation or suspense.
- It highlights emotional intensity.
- It often pertains to situations where the outcome is uncertain or exciting.

Historical Origins and Etymology

Roots in Literature and Language

The phrase "with bated breath" has origins that trace back several centuries. The term "abate" appears in Middle English, meaning "to reduce or diminish." Over time, "abate" evolved into "bate,"

which became associated with the phrase "bated breath."

Historical context:

- The earliest recorded uses date back to the 16th and 17th centuries.
- It appeared in literary works, notably in William Shakespeare's plays, where characters often speak of waiting "with bated breath" during tense moments.

Evolution Through Literature

While the exact first use of "with bated breath" remains uncertain, it gained popularity in English literature during the Renaissance period, becoming a common idiomatic expression. Shakespeare's plays, such as "The Merchant of Venice" and "A Midsummer Night's Dream," feature similar expressions reflecting the tense anticipation of characters.

Notable literary mentions:

- The phrase appears in various 17th-century texts, often describing dramatic or suspenseful scenes.
- Over time, it became entrenched in both literary and colloquial speech, symbolizing suspense across cultures.

Usage and Contexts of "With Bated Breath"

Common Situations and Examples

The phrase is versatile but predominantly used in contexts involving suspense, excitement, or anxiety. Here are some typical scenarios:

- Awaiting a crucial announcement (e.g., election results).
- Watching a suspenseful scene in a movie or play.
- Anticipating the outcome of a competition or event.
- Listening intently to unfolding news or developments.

Example sentences:

- The audience waited with bated breath as the magician revealed his final trick.

- She watched the door with bated breath, hoping her package would arrive soon.
- The children sat with bated breath during the storytelling, eager to hear the ending.

Formal vs. Informal Usage

While "with bated breath" is often used in formal or literary contexts, it also appears in everyday speech. Its theatrical or poetic quality lends itself well to storytelling, journalism, and speeches, but it can also be employed in casual conversations to emphasize suspense.

Pros and Cons of Using "With Bated Breath"

Pros

- Expressiveness: The phrase vividly captures the emotional state of suspense or anticipation.
- Historical and Literary Richness: It adds depth and a touch of elegance or drama to writing.
- Universal Appeal: Recognized across many English-speaking cultures, making it widely understood.
- Concise and Impactful: Conveys complex emotional states succinctly.

Cons

- Potential Overuse: In some contexts, overusing the phrase can diminish its impact.
- Formal Connotation: Might sound too poetic or theatrical in casual conversations.
- Ambiguity: Without context, it may not always clearly convey the specific type of anticipation or anxiety.

Related Phrases and Synonyms

Similar Expressions

- Holding one's breath: Similar in meaning, emphasizing anticipation.
- On the edge of one's seat: Indicates intense interest or suspense.
- Waiting with bated breath: Slight variation emphasizing the act of anticipation.
- In eager anticipation: More straightforward but less poetic.

Differences and Nuances

While these phrases all relate to anticipation, "with bated breath" emphasizes the physical act of

holding one's breath, adding a layer of physicality to the emotional state, whereas others may focus solely on the emotional or mental aspect.

Cultural Significance and Modern Usage

In Literature and Media

"With bated breath" continues to find its place in modern literature, movies, and journalism, often used to heighten drama or emphasize suspenseful moments. It's a favorite in storytelling to draw readers or viewers into the emotional experience.

Examples:

- Book reviews highlighting tense scenes.
- Movie reviews describing cliffhangers.
- News headlines during suspenseful events.

In Daily Conversation and Social Media

Despite its formal roots, the phrase has become part of everyday speech, especially among those aiming to evoke vivid imagery or drama. Social media posts often use it to dramatize reactions or expectations.

Sample usage:

- "Waiting for the results of the contest with bated breath!"
- "Everyone's watching the live stream with bated breath."

Global Perspective

While primarily an English idiom, the concept of holding one's breath in anticipation exists across many cultures, reflected in various idiomatic expressions. However, "with bated breath" remains distinctly British-American in origin and usage.

Tips for Effectively Using "With Bated Breath"

When to Use

- To add dramatic flair to narratives or descriptions.
- In contexts emphasizing suspense or emotional tension.
- When describing audiences or individuals waiting anxiously.

How to Use

- Ensure the context supports the tone of anticipation.
- Avoid overusing to prevent diminishing its impact.
- Combine with vivid descriptions or imagery for emphasis.

Conclusion: The Enduring Charm of "With Bated Breath"

The phrase "with bated breath" remains a powerful idiomatic expression that captures the essence of suspense and anticipation in a poetic, evocative manner. Its historical roots and literary associations give it an elegant touch, while its versatility ensures it remains relevant in modern language. Whether used in literature, journalism, or everyday conversations, "with bated breath" continues to vividly portray the human experience of waiting anxiously for something significant. Its enduring appeal lies in its capacity to succinctly convey complex emotional states, making it a cherished part of the expressive toolkit of English speakers worldwide.

By understanding its origins, appropriate contexts, and nuances, writers and speakers alike can employ "with bated breath" effectively to enhance their storytelling and communication, ensuring that moments of suspense are as compelling as the phrase itself.

Question What does the phrase 'with bated breath' mean? The phrase 'with bated breath' means to wait eagerly or anxiously, holding one's breath in suspense or anticipation. Is 'with bated breath' the correct phrase, or should it be 'with baited breath'? The correct phrase is 'with bated breath,' where 'bated' is a shortened form of 'abated,' meaning diminished or lessened. 'Baited' is a common misspelling but incorrect in this context. How did the phrase 'with bated breath' originate? It originated from the 16th century, from the verb 'bate,' meaning to diminish or reduce, implying someone is holding their breath in anticipation or anxiety. Can you use 'with bated breath' in a sentence? Yes. For example: She waited with bated breath to hear the news of her promotion. Are there similar phrases to 'with bated breath' that express suspense? Yes, phrases like 'holding one's breath,' 'in suspense,' or 'on the edge of one's seat' also convey feelings of anticipation or suspense. Is 'with bated breath' commonly used in literature or everyday speech? It is more commonly found in literary or formal contexts, but it is also used in everyday speech to emphasize suspense or anticipation. What are common mistakes people make with the phrase 'with bated breath'? The most common mistake is spelling it as 'baited breath,' which is incorrect. Some also mistakenly interpret 'bated' as 'baited,' changing the meaning entirely.

Related keywords: anticipation, suspense, eagerness, anticipation, expectancy, nervousness, tension, excitement, waiting, curiosity

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